

# THE WAY + ЈЕДИНИ ПУТ

## DECEMBER 2011 BULLETIN

ST. SAVA  
SERBIAN ORTHODOX CHURCH  
P.O. Box 2366  
14916 239<sup>TH</sup> PLACE SE  
ISSAQUAH, WA 98027



### +++++ **Why is fasting important?**

*And when He had come into the house, His disciples asked Him privately, "Why could we not cast it (the demon) out?" So He said to them, "This kind can come out by nothing but prayer and fasting." (Mark 9:28-29)*

To answer this question we have to first understand what we are supposed to be fasting from. From the formation of Christ's church, fasting has always been understood as one of the means toward spiritual perfection. Coupled with this is prayer and almsgiving. Fasting is the avoidance of overindulgence which can lead to sinning against God, one's neighbor and oneself. Most people associate fasting with avoiding certain foods such as meat and dairy products. Although avoiding certain foods is part of fasting, it is not the only thing we should be avoiding. Fasting from passions is also necessary so that we will be in the right frame of mind for spiritual growth. Let's be clear though that fasting from certain things or activities does not mean that those things and activities are bad in and of themselves. God has provided everything that we need, and everything that He has provided is good, including all foods and passions. What we do with these gifts from God determines the health of our souls.

The experience in the Church shows us that when we do not eat meat we are less prone to be aggressive. This abstinence also calms the passions so they don't get out of control. Although not as important as maintaining the health of the soul, the body benefits greatly from fasting from certain foods.

Some people might have difficulty avoiding prescribed things and activities during a lenten period because the habit has not been developed. Anything new that is introduced requires time and a determination to discipline oneself to accept it. We human beings are very adaptive and everything is achievable when one sets their mind to the task. Associated with this behavior is a willingness to be obedient to God. The more we trust in the Lord, the more we progress toward saving our souls. All of this should be done with humility so that we don't show off how diligent we are.

Once we begin to fast, it will be easier for us to participate in the mysteries of Holy Confession and Holy Communion. Our goal is to be reconciled with our neighbor and God. The closer we are to God the closer we are to each other. This is the best way to avoid conflicts that seem to occur regularly.

### **Зашто је важно постити?**

*Зашто га (демона) ми не моросмо истјерати? И рече им: Овај се род ничим не може истјерати до молитвом и постом. (Марко 9,28-29)*

Да би одговорили на ово питање морамо прво да знамо како према томе ми верујемо у пост. Подразумева се од формирања Христове Цркве да је пост једно од средстава ка духовном савршенству. Заједно са овим је молитва и милостиња. Пост је избегавање од превелике попустљивости која може да доведе до греха против Бога, ближњег и самог себе. Пуно људи повезује пост са избегавањем некакве хране као меса и млечних производа. Иако ово избегавање неке хране је део поста, ово није само што требамо да избегавамо. Постити од страсти је исто неопходно тако да би било и право стање ума за духовну узраст. Ипак да будемо јасни да се пости од некакве ствари или актиноности не значи да ове ствари или активности су лоше саме по себи. Бог је обезбедио све што је нама потребно, и све што је обезбедио је добро, укључујући храну и страсти. Шта радимо са овим даровима од Бога одређује здравље наше душе.

Доживљај у Цркви показује нама да када не једемо месо мање смо агресивни. Ово самоодрицање исто смирива страсти да неби били ван контроле. Иако одржавање здравља тела није толико важно колико је одржавање здравља душе, тело има корист када се пости од некакве хране.

Неки људи имају тешкоћу да избегавају одређене ствари и активности за време поста јер навика се није развила. Све ново што је уведено тражи своје време и одлучност да човек себе дисциплинује да би то примио. Ми као људска бића смо много прилагодљиви и све се може остварити ако човек постави свој ум на задатак. Везано са овим понашањем је воља бити послушан Богу. Што више имамо поверење у Господа, више напредујемо ка спасењу наше душе. Све ово треба да се ради са скромношћу тако да се не покажемо колико смо марљиви.

Када почнемо постити лакше ће бити нама да учествујемо у светој тајни исповести и причешћу. Наш циљ је да се измиримо са ближњима и Богом. Што се више приближујемо Богу више смо блиски један другоме. Ово је најбољи начин да избегнемо сукобе који се дешавају често.

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## **Blessings / prayers – Благослови и молитве**

**Baptism** – Stefan Versegi

**Home blessing** – Ranka Bundalo, Dusan Dangubic Family, Srdjan Jakovljevic Family, Vera Orlandic-Hodak, Vedran Samardzic

**Healing prayers** – Jelena Stojakovic

**Pomens / Parastoses** – Soul Saturday, Miladinovic / Luksetich / Yaguchi Families, Jelena Stojakovic, Bronko Jovic

**Slavas – St. Demetrios:** Djoko Trifkovic Family, Milan Sefanovic Family. **Sts. Cosmas & Damian:** Tihomir Tepsa Family. **St. George:** Zoran Glisic Family, Slavoljub Jovic Family, Vesna Marjanovic Family, Dragan Popovich Family. **St. Michael:** Predrag Bojic Family, Dusan Dangubic Family, Darko Hrle Family, Srdjan Jakovljevic Family, Srdjan Jovic Family, Nikola Rudic Family, Radoje Spasojevic Family, Voislav Stijacic Family. **St. Stevan Decani:** Ilija Orlovic Family, Mile Kovacevic, Milos Vranjin Family.

*Remember to contact Fr. Ilija to have birth prayers said on the first, eighth and 40<sup>th</sup> day of birth.*

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## **Sunday School**

Now that we are in the Nativity Fast, the children will be learning about the Nativity of Jesus Christ as well as the other subjects as noted in last month's bulletin. Give your child the opportunity to learn about the Orthodox Faith by coming to church every Sunday for their sake.

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## **New Property Update**

We are close to paying off the mortgage on the new property. If we can pay off the mortgage this month, we can save over \$70,000 in interest payment over the next four years. For those who have not contributed yet, search your hearts and ask yourself if you want to be part of the legacy of the growth of St. Sava Church for generations to come for the glory of God. If you do, then give what you can, for no gift is too small. You may bring or mail your checks to St. Sava Church, P.O. Box 2366, Issaquah, WA 98027 and note on the check "property."



You may also use 'PayPal' [https://www.paypal.com/cgi-bin/webscr?cmd= s-xclick&hosted\\_button\\_id=UNKW7Y4WSFG9U](https://www.paypal.com/cgi-bin/webscr?cmd=s-xclick&hosted_button_id=UNKW7Y4WSFG9U).

## Новости о купљеном имању

Близу смо да исплатимо хипотеку на ново имање. Ако би исплатити хипотеку овог месеца, уштедили би преко 70.000\$ на интересу који би плаћали у преостале 4. године. За оне који још нису ништа дали, потражите ваше срце и запитајте се да ли желите да будете део исторског раста цркве Св. Саве, за генерације које долазе у славу Бога. Ако желите то, онда дајте шта можете, јер ниједан дар није сувише мали. Можете донети или послати ваш чек St. Sava Church, P.O. Box 2366, Issaquah, WA 98027 и назначити да је за имање. Можете и употребити „PayPal“ [https://www.paypal.com/cgi-bin/webscr?cmd= s-xclick&hosted\\_button\\_id=UNKW7Y4WSFG9U](https://www.paypal.com/cgi-bin/webscr?cmd= s-xclick&hosted_button_id=UNKW7Y4WSFG9U).

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## Thank you - Хвала

**Sunday Lunches:** KSS, Choir, Cekarmis Family. **Volunteers needed for December lunches.**

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## STEWARDSHIP

Please fill out your 2012 Stewardship Card so that we can plan for next year and manage our Church activities properly. Thank you!

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## 2011 Annual Fall Dinner / Dance

The Annual Fall Dinner/Dance was a great success thanks to the following individuals. Over 300 people attended this New Church Project fund raising event. Preliminarily we collected over \$ 8,500 and after expenses about \$ 5,700 has been applied to the New Church Project / Mortgage Fund. Final tallies will be forthcoming.

Kolo Srpskih Sestara	Milan Radic
Folklore Drina	Milan & Aleksandra Stefanovic
Tri Sesira Orchestra: Marko, Mile, Nenad, Jovan, Cevdar, Svetislav, Dejan	Milica Kablar
Aca Skrbic	Nada Stojkovic
Amira Raco	Rada Maric
Ana Ristich	Radmila Manojlovic
Biljana Marusic	Sonja & Milena Orlovic
Bojana Marusic – Mastrogiannis	Spomenka Novakovic
Branka Vujic	Srdjan Jovic
Georgiana Gavrilovic	Tamara Supica
Fr. Ilija & Protinica Carole Balach	Vera Orlandic-Hodak
Jelena Marusic	Vesna Radojevic
Jelena Raco	Vojislav & Julia Kokeza
Jovana	Zmajko Milosavljevic
Lidija Todorovic	Zorica Dukic
Marijana Mistic	

## Correction:

The 2011 Paschal Memorial Flower list for Borika (Antovich) Skjonsberg regretfully did not include her late mother Stefanija Antovich with the others whom she remembered. May her memory be eternal!

## Pan-Orthodox Winter Youth Retreat - January 14-16, 2012

A great opportunity for your child to meet other Orthodox youth from the Seattle area. Go to this link for more information and registration: <http://www.stpaul-orthodox.org/registration.pdf>.

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## Local chapter of the Movement of Serbian Chetniks Ravne Gore

At their six month meeting, the Central Board of the Movement of Serbian Chetniks Ravne Gore in Windsor, Canada, unanimously voted to approve the creation of a local chapter in the Pacific Northwest with the main office to be located in the Seattle, WA area which includes Portland, OR.

The Chetniks have been there for the Serbian people and their Serbian Orthodox faith from the times of the first two uprisings against the Turks who occupied our beloved homeland. Most recently the third uprising occurred July 27, 1941 when the German Nazi's, Italian Fascist and the Croatian Ustasha attacked the Serbian Kingdom of Yugoslavia.

Our local chapter is being formed to preserve the history and traditions of our forefathers who had the courage to stand up for the Serbian people and their Serbian Orthodox Faith. We will hold our organizational meeting Sunday, December 18, 2011, after liturgy in the hall of St. Sava S.O.C.. Please come and join us on this great occasion. For further information, you can call Dusan "Dan" Cekarmis at (253) 740-8600. Thank you!

## Месни одбор покрета српских четника Равне Горе

На шестомесечном састанку Централни Одбор покрета Српских Четника Равне Горе одржаном у Виндсору Канада, једногласно су одобрили да се створи месни одбор у Северозападној области Америке са главном канцеларијом у Сиетлу који укључује Портланд ОР.

Четници су увек били ту за српски народ и српску православну веру од времена прва два устанка против Турака који су окупирали наш мили завичај. Недавни трећи устанак је био 27. Јула 1941 године када су Швапски Нацисти, Италијански Фашисти и Хрватске Усташе напали Српску Краљевину Југославије.

Наш месни одбор се формира да би сачували Историју и традицију наших прадака који су имали храбрости да устану за српски народ и српску православну веру. Одржаћемо састанак устројства у Недељу 18. Децембра 2011 после свете литургије у дворани С.П.Ц. Св. Сава. Молим Вас дођите и придружите се поводом ове велике пригоде. За више информација можете назвати Душана Чекармиша на број 253-740-8600. Хвала!

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**Please be respectful to God and considerate to those present by coming to Church before Divine Liturgy starts. After a church service starts it is also very disrespectful to be outside talking and making "noise".**

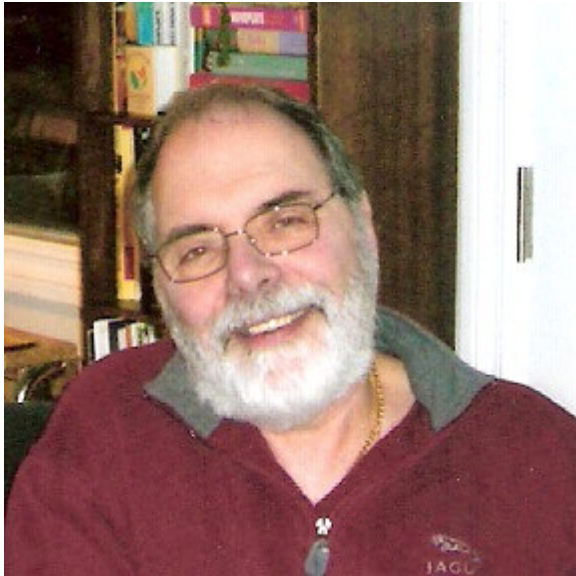
**Молим вас да дођете у цркву пре почетка св. Литургије да би били уљудни према Богу и пажљиви према присутном народу. Исто није уљудно да се напољу прича и бука да се прави када је већ Богослужење почело.**

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## 2012 Church Board Officers

The Nomination Committee is preparing the proposed slate of officers for the new year. If you are interested to be nominated or know of someone who is, please contact Fr. Ilija.

## +Ljubomir Petrovich (Uncle Lu)



On December 11, 2011 a commemorative memorial lunch and program will take place at St. Sava Church to honor a founder and great benefactor of our church. Everyone is welcome to attend, especially all founders of our parish and their families.

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### **Student Scholarships**

Scholarships are available for Serbian students. Visit these sites:

St. Sava Mission Foundation: [http://www.stsavamissionfoundation.org/Student\\_Scholarship.html](http://www.stsavamissionfoundation.org/Student_Scholarship.html)

Serbian National Defense: [http://www.snd-us.com/index.php?option=com\\_content&view=article&id=9&Itemid=11](http://www.snd-us.com/index.php?option=com_content&view=article&id=9&Itemid=11)

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### **Dates to Remember**

Serbian Children's Day: December 18, 2011

Serbian Mother's Day: December 25, 2011

Serbian Father's Day: January 1, 2012

Slava – St. Nicholas (Св. Никола), December 19, 2011: Please bring your kolach and zito to church, or contact Fr. Ilija for other arrangements.



## **Lectionary - Лекционариум**

*December 1 – 31, 2011*

Thursday: 2 Thessalonians 2:13-3:5 • Luke 13:1-9  
Friday: 2 Thessalonians 3:6-18 • Luke 13:31-35  
Saturday: Galatians 1:3-10 • Luke 9:37-43

### **Twenty-fifth Sunday after Pentecost – Entry of the Theotokos**

Sunday: Ephesians 4:1-6 • Luke 10:25-37 (Heb 9:1-7; Lk 10:38-42, 11:27-28)  
Monday: 1 Timothy 1:1-7 • Luke 14:12-15  
Tuesday: 1 Timothy 1:8-14 • Luke 14:25-35  
Wednesday: 1 Timothy 1:18-20; 2:8-15 • Luke 15:1-10  
Thursday: 1 Timothy 3:1-13 • Luke 16:1-9  
Friday: 1 Timothy 4:4-8,16 • Luke 16:15-18; 17:1-4  
Saturday: Galatians 3:8-12 • Luke 9:57-62

### **Twenty-sixth Sunday after Pentecost**

Sunday: Ephesians 5:9-19 • Luke 12:16-21  
Monday: 1 Timothy 5:1-10 • Luke 17:20-25  
Tuesday: 1 Timothy 5:11-21 • Luke 17:26-37  
Wednesday: 1 Timothy 5:22-6:11 • Luke 18:15-17, 26-30  
Thursday: 1 Timothy 6:17-21 • Luke 18:31-34  
Friday: 2 Timothy 1:1-2, 8-18 • Luke 19:12-18  
Saturday: Galatians 5:22-6:2 • Luke 10:19-21

### **Twenty-seventh Sunday after Pentecost**

Sunday: Ephesians 6:10-17 • Luke 13:10-17  
Monday: 2 Timothy 2:20-26 • Luke 19:37-44 --- St. Nicholas the Wonderworker  
Tuesday: 2 Timothy 3:16-4:4 • Luke 19:45-48  
Wednesday: 2 Timothy 4:9-22 • Luke 20:1-8  
Thursday: Titus 1:5-2:1 • Luke 20:9-18  
Friday: Titus 1:15-2:10 • Luke 20:19-26  
Saturday: Ephesians 1:16-23 • Luke 12:32-40

### **Twenty-eighth Sunday after Pentecost – Sunday of the Forefathers**

Sunday: Colossians 3:4-11 • Luke 14:16-24  
Monday: Hebrews 3:5-11, 17-19 • Luke 20:27-44  
Tuesday: Hebrews 4:1-13 • Luke 21:12-19  
Wednesday: Hebrews 5:11-6:8 • Luke 21:5-7, 10-11, 20-24  
Thursday: Hebrews 7:1-6 • Luke 21:28-33  
Friday: Hebrews 7:18-25 • Luke 21:37-22:8  
Saturday: Ephesians 2:11-13 • Luke 13:18-29